



FCSS Program Guide for Measurement

Provincially Reported Measures

2024

Prepared by



Prevention Strategy 1: Promote and encourage active engagement in the community

Program Intent	FCSS programs build awareness of community engagement opportunities.	
Survey Questions	Post Only	Pre/Post
	1.1 As a result of this program, I have opportunities to engage with my community.	I have opportunities to engage with my community.

- ← Prevention Strategy
- ← Program Intent
- ← Two versions of each question.
- ← Survey question



Uniquely numbered questions

Survey Questions Bank

- **Objective 1:** *“FCSS programming enhances the protective factors of individuals, families and communities related to provincial prevention priorities.”*
 - **Key Performance Measure:** *Percentage of participants who reported positive change on measures associated with prevention strategies after participating in local FCSS programming*

Prevention Strategy 1: Promote and encourage active engagement in the community

Program Intent	FCSS programs build awareness of community engagement opportunities.	
Survey Questions	Post Only	
	Pre/Post	
1.1	As a result of this program, I have opportunities to engage with my community.	I have opportunities to engage with my community.
Program Intent	Community members know the value of engaging with their community.	
Survey Questions	Post Only	
	Pre/Post	
	1.2	This program showed me the importance of being active in my community.
1.3	This program showed me that it is important to be a part of this community.	It is very important to me to be part of this community.
Program Intent	Community members participate in the community for their own enjoyment, their own benefit or for the benefit of the community.	
Survey Questions	Post Only	
	Pre/Post	
	1.4	As a result of this program, I contribute more to my community.
1.5	As a result of this program, I have become more active in my community.	I actively participate in my community.

Prevention Strategy 2: Foster a sense of belonging

Program Intent	Individuals feel a sense of belonging in their community.		
Survey Questions	Post Only		Pre/Post
	2.1	As a result of this program, I feel a stronger sense of belonging to my community.	I feel a sense of belonging to my community.
	2.2	This program helped me feel more connected to my community.	I feel connected to my community.
	2.3	As a result of this program, I feel important to my community.	I feel important to my community.

Prevention Strategy 3: Promote social inclusion.

Program Intent	Programs know and respond to community needs.		
Survey Questions	Post Only		Pre/Post
	3.1	This program met my needs.	My [program topic] needs are met.
	3.2	As a result of this program, I have better access to culturally appropriate resources.	I can access culturally appropriate resources.
Program Intent	Community members feel valued and included.		
Survey Questions	Post Only		Pre/Post
	3.3	This program was welcoming.	This program is welcoming.
	3.4	I felt valued in this program.	I feel valued in this program.

Prevention Strategy 4: Develop and maintain healthy relationships.

Program Intent	Individuals have positive, trusting relationships with family and/or friends.		
Survey Questions	Post Only		Pre/Post
	4.1	As a result of this program, I can identify people in my life who really care about me.	I can identify people in my life who really care about me.
	4.2	As a result of this program, I recognize close relationships that provide me with a sense of emotional security and well-being.	I recognize close relationships that provide me with a sense of emotional security and well-being.
	4.3	As a result of this program, I can name family and/or friends who help me feel safe, secure and happy.	I can name family and/or friends who help me feel safe, secure and happy.
Program Intent	Parents gain skills and knowledge in parenting.		
Survey Questions	Post Only		Pre/Post
	4.4	As a result of this program, I have increased confidence in my parenting skills.	I have confidence in my parenting skills.
	4.5	I have gained new parenting skills.	I have the parenting skills I need.
Program Intent	Individuals have healthy and effective communication strategies within relationships.		
Survey Questions	Post Only		Pre/Post
	4.6	As a result of this program, I can communicate effectively with my [child/children/spouse/partner/people in my life].	I can communicate effectively with my [child/children/spouse/ partner/people in my life].
	4.7	As a result of this program, I have a better understanding of how to resolve conflict peacefully.	I can resolve conflict peacefully.
Program Intent	Individuals have opportunities to develop new healthy relationships.		

	Post Only		Pre/Post
Survey Questions	4.8	As a result of this program, I am ready to build new relationships with people from my community.	I can build new relationships with people from my community.



Prevention Strategy 5: Enhance access to social supports.

Program Intent	Community members are aware of social supports.		
Survey Questions	Post Only		Pre/Post
	5.1	As a result of this program, I know more about what resources are available to [me/to my family].	I know what resources are available to [me/to my family].
	5.2	As a result of this program, I know more places in the community I can turn to when I need help.	I know places in the community I can turn to when I need help.
Program Intent	Social supports are accessible.		
Survey Questions	Post Only		Pre/Post
	5.3	As a result of this program, I have better access to community resources that I need.	I can access the community resources I need.
Program Intent	Community members have a support network.		
Survey Questions	Post Only		Pre/Post
	5.4	As a result of this program, I can identify more people I can rely on for support.	I can identify people I can rely on for support.

Prevention Strategy 6: Develop and strengthen skills that build resilience.

Program Intent	Community members have good self-esteem.		
Survey Questions	Post Only		
	Pre/Post		
6.1	As a result of this program, I feel better about myself.	I feel good about myself.	
Program Intent	Community members feel hopeful.		
Survey Questions	Post Only		
	Pre/Post		
	6.2	As a result of this program, I have the ability to improve my life.	I have the ability to improve my life.
	6.3	As a result of this program, I feel better about my future.	I feel good about my future.
6.4	This program helped me make plans for my future.	I have plans for my future.	
Program Intent	Community members have opportunities to learn and grow.		
Survey Questions	Post Only		
	Pre/Post		
	6.5	As a result of this program, I know more about [fill in with knowledge from the program].	I know about [fill in with knowledge from the program].
	6.6	I feel better about my ability to [fill in with skill from the program].	I feel good about my ability to [fill in with skill from the program].
6.7	As a result of this program, I have learned new things.	I have opportunities to learn new things.	
Program Intent	Community members are able to overcome challenges or life's difficulties.		
Survey Questions	Post Only		
	Pre/Post		
6.8	As a result of this program, I am better at handling whatever comes my way.	I am good at handling whatever comes my way.	

6.9	This program taught me healthy strategies to manage stress.	I know some healthy strategies to manage stress.
6.10	This program taught me problem solving skills.	I am good at solving problems.



Collective Impact Survey Question

There was endorsement for a single survey statement that could apply broadly to many types of FCSS programs and services. This question could be asked on any POST survey to allow the Ministry to aggregate responses that cross geography, catchment area, target populations, activity types and goals.

Survey Questions	Post Only	
	7	I feel like I have stronger social connections.



Objective 4: FCSS Programming is accessible, appropriate, and designed to serve Albertans across the lifespan.

There are two Key Performance Measures that align with Objective 4. Each should be measured using a survey.

Programs that use pre/post surveys would only include these survey questions on Post surveys.

Key Performance Measure	<i>Percentage of FCSS participants who expressed satisfaction with FCSS programs/services.</i>	
Survey Questions	Post Only	
	8	Overall, I am satisfied with this program/service.

Key Performance Measure	<i>Percentage of FCSS participants who report that FCSS programs/services were easy to access.</i>	
Survey Questions	Post Only	
	9	Overall, I found this program/service easy to access.

Optional Survey Questions

Community Event Survey Questions

Many FCSS programs offer Community Events. These events may be difficult to survey. Surveys are not required, however, FCSS programs may choose to survey attendees and report to the Ministry. The following survey questions offer some guidance.

Survey Questions	Post Only	
	10.1	This event encouraged social interaction.
	10.2	This event made me feel part of the community.
	10.3	I felt welcomed at this event.
	10.4	This event was welcoming to everyone.
	10.5	This event provided me with information or resources about services or programs in my community.
	10.6	This event showed me the importance of being active in my community.

Community Development and Capacity Building Survey Questions

Community development and capacity building are activities that promote, encourage, and facilitate the development of stronger communities. This is achieved through various means such as volunteer development, staff training, strategic planning, interagency work, and completing community needs assessments.

These activities also include collaborations, such as participating in boards or committees or actively developing partnerships. Additionally, they may involve partner, stakeholder, or public engagement, like public consultations related to FCSS.

Many FCSS programs fund Community Development and Capacity Building activities. These activities may offer opportunities to conduct optional surveys for evaluation. Potential survey respondents include:

- staff members of local FCSS programs
- volunteers for local FCSS programs
- community agencies or partners
- board or committee members

Surveys are not required. FCSS programs may choose to use a survey to assess the perceived quality, value or effectiveness of Community Development and Capacity Building activities. Results of these surveys may be included in annual reporting to the Ministry.

The following survey questions offer some guidance. Based on your survey respondents, some survey questions may be more applicable than others; you can decide which survey questions are the best fit.

Post Only	
Survey Questions	11.1 I have opportunities to make my community better.
	11.2 I have opportunities to use my skills and abilities to support my community.
	11.3 I understand my community's needs and challenges.
	11.4 I feel a sense of belonging to my community.
	11.5 I have benefited from being a part of this partnership.

11.6	This partnership has contributed to stronger community supports and services.
11.7	This partnership is more effective than each partner could be on their own.

